

Helping Young Children Deal with Bullying
Children's Social-Emotional Development
California Kindergarten Association



Developmentally Appropriate Guiding Principal #7: *Children develop best when they have secure, consistent relationships with responsive adults and opportunities for positive relationships with peers.*

Preschools and classrooms have children with challenging behaviors. Is there a silver bullet that quickly fixes the behaviors? Probably not, but teachers and caregivers should work everyday to build empathy and community while valuing diversity.

Developmental Stages – [Click here](#) for children's stages of development in terms of empathy.

Research

- Theory and research about [moral development](#).
- “[Addressing Kindergarten Students' Conflict Behavior: Encouraging Social-Cognitive Development](#)” by Pamela S. Lane-Garon. Found in CKA's *Kindergarten Education: Theory, Research, and Practice*, Vol. 3, No. 2, Winter 1998.

Lesson Plans

- [Click here](#) for lesson plans/activities for preschool through first grade.
- [Click here](#) for more information about the use of "community circles" to start your school day.

Resources

- **Foundations** – The California Department of Education (CDE) issued the *Preschool Learning Foundations, Vol. 1* that includes social-emotional development.
<http://www.cde.ca.gov/sp/cd/re/psfoundations.asp#psfoundvol1>
- *Preschool Curriculum Framework, Vol. 1* – CDE issued guiding principles and information social-emotional development.
<http://www.cde.ca.gov/sp/cd/re/documents/psframeworkkvoll.pdf>
- [Notes about Empathy, Community, and Valuing Diversity](#)
- [Principles for Developmentally Appropriate Guidance](#) – Suggestions for helping children develop social-emotional skills.
- *A Parent's Guide to Role-Playing Bullying Reports: an interview with Barbara Coloroso* found at <http://www.cfchildren.org/bullying-prevention/related-articles/bullying-prevention-in-the-schools.aspx>.
- [Letter to Parents](#) - This letter requires you to include mention of a few books to read to children. See the extensive list below under Books & Media for Children.
- [Books & Media for Children](#)
- [Print & Media Resources for Adults](#)
- For additional resources on bullying prevention, [click here](#).

Videos

<https://www.youtube.com/watch?v=GafsIVbGWiA> - Examples of children being bullied in elementary school. Children act out ways of responding if you are bullied or someone else is.

<https://www.youtube.com/watch?v=nJTy4ciH4mo> - Examples of children bullying and how to address it. Great music.

